



## Terms and Conditions

### Roots of Integrity Counseling: WERQshop Series

#### 1. Program Description

The workshop series provides educational sessions focused on mental health topics combined with movement sessions using the WERQ Dance Fitness format. Sessions may include discussions, educational presentations, guided movement, and group participation.

The program is intended for **general wellness and education purposes only**.

#### 2. Not Medical or Mental Health Treatment

The information and activities provided during the workshop are for **educational and informational purposes only** and do not constitute:

- Medical advice
- Mental health therapy
- Diagnosis or treatment of any condition

Participation in this workshop does **not create a therapist–client, counselor–client, or medical provider–patient relationship**.

Participants experiencing mental health concerns should consult a qualified licensed professional.

#### 3. Physical Activity Disclaimer

The workshop includes physical movement through dance fitness. By participating, you acknowledge that:

- You are voluntarily engaging in physical activity.
- You are responsible for assessing your own physical limitations.
- You should consult a physician before beginning any exercise program if you have health concerns.

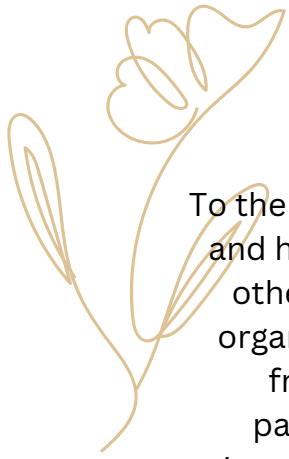
By participating in a WERQshop session, you confirm that you are responsible for determining whether you are physically able to participate in exercise activities. You understand that you should consult with a healthcare provider if you have any medical concerns before participating and you agree to **stop participating immediately if you feel pain, dizziness, or discomfort**.

#### 4. Assumption of Risk

By participating in the workshop series, you understand that physical exercise and group activities involve inherent risks, including but not limited to:

- Muscle strain
- Falls or injuries
- Fatigue or physical discomfort

You voluntarily assume all risks associated with participation.



## **5. Indemnification; Release of Liability**

To the fullest extent permitted by law, participants agree to indemnify, defend and hold Roots of Integrity Counselling and our employees, contractors and other agents, as well as any workshop facilitator(s), guest instructors, the organization hosting workshops, the venue hosting any workshop harmless from and against any claim or liability arising from or related to your participation in a workshop. You further agree to fully release Roots of Integrity Counselling and our employees, contractors and other agents, as well as any workshop facilitator(s), guest instructors, the organization hosting workshops, the venue hosting any workshop from and against all liability, claim, losses, expenses, damages and costs, including reasonable attorneys' fees, related to or arising out of your participation in a WERQshop session or your violation by of these Terms and Conditions.

ROOTS OF INTEGRITY COUNSELING'S ENTIRE LIABILITY TO YOU, AND YOUR EXCLUSIVE REMEDY WITH RESPECT TO ANY DISPUTE WITH ROOTS OF INTEGRITY COUNSELING ARISING FROM YOUR PARTICIPATION IN A WERQSHOP SESSION IS TO DISCONTINUE YOUR PARTICIPATION. YOU AGREE THAT IN NO EVENT WILL ROOTS OF INTEGRITY COUNSELING, OR OUR EMPLOYEES, CONTRACTORS OR OTHER AGENTS, OR OUR WORKSHOP FACILITATOR(S) OR GUEST INSTRUCTOR(S), OR THE ORGANIZATION OR VENUE HOSTING ANY SESSIONS, BE LIABLE FOR DAMAGES OF ANY KIND, INCLUDING INDIRECT, SPECIAL, EXEMPLARY, INCIDENTAL, CONSEQUENTIAL OR PUNITIVE DAMAGES ARISING OUT OF OR RELATED TO YOUR PARTICIPATION IN A WERQSHOP SESSION, HOWEVER CAUSED AND UNDER ANY THEORY OF LIABILITY, WHETHER UNDER THESE TERMS AND CONDITIONS OR OTHERWISE, WHETHER IN CONTRACT, STRICT LIABILITY OR TORT (INCLUDING NEGLIGENCE OR OTHERWISE) EVEN IF WE HAVE BEEN ADVISED OF THE POSSIBILITY OF SUCH DAMAGE.



## 6. Participant Conduct

To maintain a safe and respectful environment, participants agree to:

- Treat all participants with respect
- Maintain confidentiality regarding personal stories shared during discussions
- Follow facilitator guidance during movement sessions
- Refrain from disruptive or harmful behavior

Facilitators reserve the right to remove participants who violate these, or any other reasonable expectation of participant conduct.

## 7. Confidentiality

Participants may choose to share personal experiences during discussions.

While facilitators encourage a respectful and confidential space,

**confidentiality among participants cannot be guaranteed.**

Participants are expected to respect the privacy of others and not share personal information discussed during sessions outside the workshop.

Failure to do so may result in a participant's removal from WERQshop sessions.

## 8. Media and Photography

Sessions may include photographs or video recordings for promotional or educational purposes.

Participants will be informed in advance if photographs are going to be taken and may opt out of being recorded or photographed and your decision to opt out will not affect your ability to participate in WERQshop sessions. If you do agree to be recorded or photographed, you agree to allow Roots of Integrity

Counseling to use any recording or photograph, or any part thereof for advertising or other promotional materials, and that you agree to waive any right to royalties or other compensation arising from or related to the use of any photographs or recordings containing your likeness.

You may revoke your permission for us to use photographs or recordings containing your likeness at any time and we will cease our ongoing use of those materials. However you understand if you revoke your permission, it will not affect any action we took prior to your revocation (for example, if we distributed handbills or flyers containing your image, we may not be able to remove all examples that were publicly shared).



### **9. Registration and Payment**

Registration must be completed prior to attending the workshop. Registration is for the full six-week workshop series. Individual sessions are not sold separately.

### **10. Payment**

Payment is required to attend the workshop series. Full payment must be completed at the time of registration in order to secure a participant's spot.

All sales are final. Refunds will not be provided if a participant is unable to attend one or more scheduled WERQshop sessions.

### **11. Program Changes**

The facilitator reserves the right to:

- Modify workshop topics or schedule
- Substitute instructors if necessary
- Cancel sessions due to unforeseen circumstances

Participants will be notified as soon as possible of any changes.

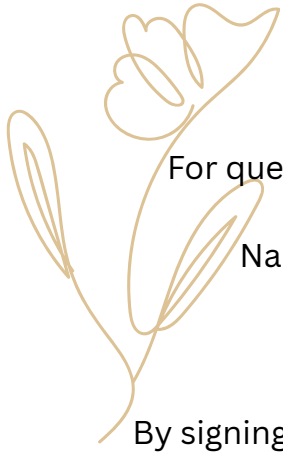
### **12. Emergency and Crisis Support**

WERQshop is an educational and wellness-focused program and **is not designed to provide crisis intervention or emergency mental health services.**

Facilitators are not able to provide immediate emergency support during sessions. If a participant is experiencing a **mental health crisis or requires urgent support**, they should seek assistance from appropriate emergency or crisis services.

Participants may contact the **988 Suicide & Crisis Lifeline** by calling or texting **988** for immediate support.

If a participant appears to be in immediate danger, facilitators may encourage the participant to contact emergency services or seek outside assistance.



### **13. Contact Information**

For questions regarding the workshop or these terms and conditions, please contact:

Name/Organization: Morgan Hauser / Roots of Integrity Counseling

Email: [morgan.hauser@rootsofintegritycounseling.com](mailto:morgan.hauser@rootsofintegritycounseling.com)

### **14. Agreement**

By signing below, I acknowledge that I have read, understood, and agree to these Terms and Conditions.

Participant Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_